

Manuel Antonio Park and Beach tour

7:30AM pick up time (when ship is scheduled to dock) Pick up and drop off is outside the dock; a free shuttle runs all day from gate to ship.

Stops for bathrooms and some sightseeing on the way. Riding in the air-conditioned large van, on the way to Costa Rica's most popular national park, Manuel Antonio our guide will give us a narrative of the geologic features, national history, local botany, as well as exotic tropical birds, monkeys and sloths. He will answer our questions about Costa Rica in general and also about the towns and sights we will pass. Some of the spots we can expect to see are: Jaco beach, different plantations, crocodiles in the river of Tarcoles, Hermosa beach, scarlet macaws nesting area near Carara national park, the colonial village of Villa Lapas and others. These stops for photos, sightseeings and more are better on way back for a best timing to enjoy Manuel Antonio park and don't have lunch to late, our goal is to reach the park by 10AM and the drive is for 2 hours, bathrooms is the common stop on the way to the park but for sure the tour guide will keep the participants on the tour entertained while on the trip in.



9:50AM Hiking into rain forest national park of Manuel Antonio (Entry fees are included in our tour price. remember you'll have a nature guide with books, binoculars to share and spotting scope to enlarge the experience of seeing wildlife)



Manuel Antonio National Park is a forest, thick with massive ficus and two- and three-toed sloths, green and black iguanas, agoutis, four species of monkey (including the highly endangered squirrel monkey, (known locally as the mono titi), raccoons, deer, lizards,

crocodiles and nearly 200 species of birds, including 2 species of toucans, and scarlet macaws (they are not in Manuel Antonio, that is why we'll do our best to reach them on the way, near Carara Nat'l Park), It's one of Costa Rica's most-visited attractions and not to be missed. Rangers limit the number of guests allowed in at a time to help ensure a good experience for visitors and the park. You will see great wildlife that can be easily spotted from well-marked trails -- a luxury you won't find in the Amazon. And because animals are so used to humans, this is one of the best places to see them up close.

10:50AM Enjoying the beach.

After hiking through the forest we will have about an hour to relax and enjoy the beautiful Manuel Antonio beach. We've read that it's equally good for snorkeling, swimming and just laying on the beach. There we will find new clean restrooms, complete with both inside and outside showers to wash the saltwater off and change.



The beach is good for the usual beachy activities; bring a towel, hat, sunscreen, even snorkel gear. Air temperature is usually around 85F, and water at about 82F. They also suggest a raincoat or poncho and, of course, good walking shoes. Beverages are available in the van.

12:00PM Hiking out the park for lunch.

12:30PM Lunch time.

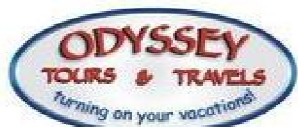
The tour includes a lunch stop at a quality restaurant where we can choose among traditional Costa Rican favorites such as rice, beans, green salad, plantains with fish, chicken or beef, or maybe you'd prefer rice with chicken or shrimp and a salad and French fries. If you would like more familiar foods, burgers and fries or sandwiches are available.



1:30PM driving back to Puntarenas. Stops for bathrooms, souvenirs, grocery store to purchase coffee, and sightseeing on the way.

5PM drop off in Puntarenas back at the dock and shuttle to the ship.

The cost of this full-day tour, with park entry fee, nature guide, transportation and lunch included is \$85 per person for a minimum of 8 people based on cash payment, we also accept visa and master card but we need to charge 5% more if you want to pay with credit card.



Voted N.1 in Costa Rica



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